

# Guidelines ONLINE HOME LEARNING

Primary



*Learning from home can be a challenge at times, but it's an excellent opportunity to build your capacity and stretch some learning dispositions at home. You've got this!!!*

## STAY UP TO DATE

Check Canvas and plan for the day ahead.



### YOUR HEALTH

- Make sure you are eating healthy food and drinking water regularly.
- Take short breaks in between tasks, e.g. a 5 minute walk, 5 minute jump on the trampoline, not screen time.



## HOW SHOULD I SET UP MY LEARNING SPACE

### CONNECTION

Make sure your device is charged and connected to Wi-Fi.  
Check Canvas announcements.

### COMFORT

Set up learning space so that it is tidy, comfortable and quiet. Not in your bed or bedroom.

### EQUIPMENT

Have everything you need nearby – pencil case, note books, device, headphones.

### DRESS

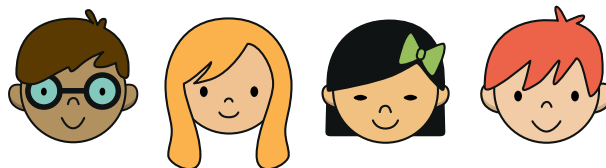
Neat, casual clothes to be worn, no pyjamas.  
Wear a hat when having outdoor time.

### ETIQUETTE

Be polite, appropriate and respectful in your language.

### BE PRODUCTIVE

- Manage your time and use it for your learning.
- Upload all completed tasks.



### NEED HELP!

Email your class teacher



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