

## DEVOTION

**M**any years ago a Ninja Turtle phase swept through schools. Young children were pretending to play the Ninja Turtle game after viewing a movie of similar name. In the movie, Teenage Mutant Ninja Turtles went around the rough streets of the USA fighting crime (literally) using the stealth of Ninjitsu. Almost instantly, children began “accidentally” kicking others in break times and play, as they imagined themselves as Turtle heroes.

More recently my husband was having a conversation with my youngest daughter about a variety of issues. She quickly responded to one statement with “that’s pathetic”. Now, as parents we were quite puzzled as to where this vocabulary had come from and it wasn’t until we heard “that’s so stoo-pid” roll off our youngest’s tongue that we realised she was mimicking a character off a Saturday morning cartoon/sitcom programme for children. Needless to say, it brought home the fact that my child’s developing young mind is impacted by all she sees and hears. I am now (more than ever) personally challenged both for myself and for my children by the verse, “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – his good, pleasing and perfect will” (Romans 12:2) and “But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere” (James 3:17).

God provides us with the love, guidance and support we need as parents to raise our children in today’s environment. I thank God for this and for blessing me with the gift of my children.

Mrs Leanne Ditton (Director of Primary Years)

## MAXIMISE YOUR CHILD’S ACADEMIC SUCCESS



### Part 3 Prioritisation

**S**ometimes children fall behind in school and fail to hand in assignments and assessment tasks because they simply don’t know where to begin. Prioritisation is a skill your child will need throughout life, so it’s never too soon to get started.

Tips to help your child prioritise:

- Ask your child to write down all the things they need to do, including non-school related activities.
- Ask them to label each task from 1 to 3, with 1 being the most important.
- Ask about each task, so that you understand your child’s priorities. If they label all their social activities as 1, then you know where their attention is focused.
- Help your child to change some of the labels to better prioritise for academic success. Then suggest they re-write the list so all the 1s are at the top.
- Check in frequently to see how the list is evolving and how your child is prioritising new tasks.
- Utilise the time management skills explored earlier in the series to manage this list.

Deborah McWatters (Deputy Principal)

*Adapted from Greatschools.net*

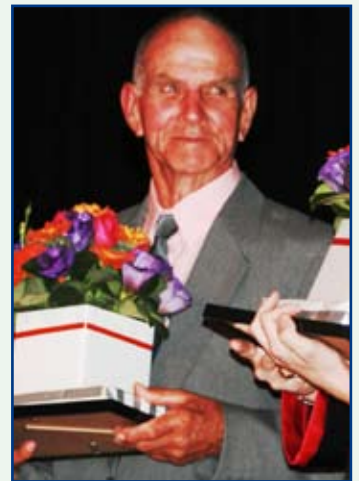
## PARENTS COUNCIL AWARDS FOR EXCELLENCE

**T**he NSW Parents Council (NSWPC) advocates, represents and supports parents with children at non-government schools on educational and related issues. They recently sought nominations from Independent Schools throughout NSW for an Award for Excellence to recognise the hard work and dedication of volunteers.

On Friday 19 June we had the pleasure of joining Bob Moorhead and his family at the NSWPC Annual Conference where he was awarded as one of the six state finalists.

Whilst the College benefits tremendously from his hard work around the campus there is something more that comes from being around Bob. He is kind, gentle and humble and always has a smile and a friendly word for both students and staff alike. Bob’s very positive affect on those he meets and his impact on the College culture are invaluable.

Congratulations should go to Bob. This is a well deserved award.



# PRIMARY SCHOOL

## McNAB'S McVISIT



Recently Year 3 and 4 visited Bella Vista McDonalds. The purpose of their visit was to see the workings of a local business, as part of their current HSIE unit of work on 'The Flow of Goods'.

On arrival at the restaurant, students listened to a very informative talk by the owner, Mr Ray Finn. He informed the students about how goods were supplied, stored, cooked and recycled. Students then had an opportunity to view the back areas of the business, seeing how food products were refrigerated and prepared.

After the tour, they enjoyed a meal and then returned to the College to discuss their experiences at the restaurant. Mr Finn is to be commended for the professional and friendly manner he displayed to staff and students.

## INFANTS ATHLETICS CARNIVAL

It was a cold sunny morning on Friday 12 June 2009, when the infants students had their Athletics Carnival. It was a great success and everyone had loads of fun.

The students were off to a flying start as the first race began. The 60 metre races went on until Recess 1 and more fun activities continued after that.

The students went off to different teachers and participated in shotput, turbo-jav, discus (with Frisbees), long jump and high jump, each for 15 minutes. Even the little kids in Prep got involved with the parachute and soccer.

It was good to hear everyone cheering on and supporting their friends and houses. The morning was a fun and athletic one for all of the infants and parents, and hopefully the primary one will be too.

Kate Holroyd and Kristina Reitsma (Stage 3 students)



## HOW TO PREPARE FOR AND TRAVEL TO SCHOOL

Stage 2 students are currently learning how to write a Procedure for daily tasks. Below is an example.

### Aim:

To prepare and get to school

### Materials:

School Uniform, brush, shoes, bag, cereal, toothbrush.

### Method:

1. Wake up in the morning and go downstairs
2. Get your bowl and spoon and pour in the cereal and milk
3. Go upstairs to the bathroom
4. Brush your teeth and wash your face
5. Put on your school uniform
6. Do up my hair with the brush
7. Wear my shoes
8. From the cupboard get my hat
9. Make sure I have everything in my bag and put it on
10. Get in the car and travel to school

Larissa Molodykh (Stage 2 student)

# SECONDARY SCHOOL

## SYDNEY SYMPHONY ORCHESTRA



Recently Year 7 and 8 students heard the Sydney Symphony Orchestra at the ABC Centre in Ultimo. They had a fantastic time learning about the different families of instruments in the orchestra and some were even able to help the conductor.

It was also a good opportunity for the students to listen to the live sound of a full size symphony orchestra (a first for many).

Afterwards the students enjoyed lunch in Darling Harbour and exerting some energy at Tumbalong Park.



## WE ARE VOLCANOES



During a recent CIA session, the band 'We are Volcanoes' visited the College. The band consisted of three men (two of whom are ex students of Mr Day).

They played some of their original works and also a song that made them famous at the Sydney Opera House back in March during the HSC

Encore performances.

They were interviewed about their lives, their faith and their experiences. They then led the Secondary School during a praise and worship time.

After lunch the band facilitated a practical workshop for the musicians of our college, giving students the opportunity to 'jam' with professionals, learn new techniques and styles and ask questions.

## Stage 5 Performance Night

7PM

TUESDAY 30 JUNE 2009

COLLEGE HALL

\$5 PER FAMILY

LIGHT SUPPER PROVIDED



MUSIC, DRAMA, ARTWORKS, SCIENCE  
DEMONSTRATIONS, WOOD WORK  
DISPLAYS AND MORE

RSVP TO SARAH

shope@nwcc.nsw.edu.au

## HSC AND CAREERS EXPO

Recently, Stage 6 students travelled to Randwick Racecourse to attend the 2009 Careers Expo run by the Sydney Morning Herald.



The major universities, many private colleges, TAFE, gap year companies and the defence forces had stalls attended by representatives to answer questions and distribute information about their courses.

There were also several helpful seminars such as "How to succeed in General Mathematics" and "How to maximise your UAI".

The day was a great success and all of our students gained useful information and inspiration to influence their plans for life after Norwest.

## Stage 4 Performance Night

7PM

TUESDAY 7 JULY 2009

COLLEGE HALL

\$5 PER FAMILY

LIGHT SUPPER PROVIDED &  
FREE ENTRY TO THE NORWEST  
PORTRAITURE PRIZE

RSVP TO SARAH

shope@nwcc.nsw.edu.au



# PARENTS & FRIENDS PRESS

Thank you to all the girls who came to our  
"Girl's Night Out" last Friday.

Thank you also to those who took a  
"moment" to complete the P&F survey.

**Next P&F Meeting**  
(2nd Tuesday of the Month)  
11 August 2009  
8 September 2009

## TERM 2 2009

### Term 2 Week 10A

29 June	Secondary Girls CSSA State Soccer Gala Day
30 June	Stage 5 Performance Night
03 July	Year 3 - 12 Athletics Carnival
04 July	Working Bee

### Term 2 Week 11B

7 July	Stage 4 Performance Night
8 July	Year 12 Student Progress Meetings
10 July	Year 7 Medieval Day
10 July	Last day of Term 2

## TERM 3 2009

### Term 3 Week 1A

03 August	First day of Term 3
04 August	English Competition

### Term 3 Week 2B

10 August	Secondary Zone Athletics Carnival
10 - 21 August	Year 12 Trial Examinations
13 August	Primary Zone Athletics Carnival

### Term 3 Week 3A

18 August	Student Progress Meetings (P - Y11)
19 August	Student Progress Meetings (P - Y11)
19 August	CSSA State Athletics Carnival
19 August	Mathematics Competition

## TERM DATES 2009

Term 3	Monday 3 August - Friday 2 October
Term 4	Tuesday 20 October - Thursday 8 December

## NOTICEBOARD

### WORKING BEE

Saturday 4 July 2009

Please come and help get the campus ready for classroom renovations. Tasks to be performed on the day include:

- Removal of cobwebs
- Cleaning of windows
- Cleaning of wall surfaces (eg tape removal)
- Relocation of furniture
- Removal of pinboards from walls

Latex gloves will be provided; if you prefer to use alternative gloves please bring them with you.

All families are welcome including students of all ages. Parents may use the hours for their parent participation and students may use the hours for College Service for the Norwest Challenge.

The College will provide morning tea and lunch at appropriate times during the day.

For catering purposes and to help in defining start and finishing times please express your interest in attending the Working Bee by calling or emailing Sarah Hope ([shope@nwcc.nsw.edu.au](mailto:shope@nwcc.nsw.edu.au))

### ATHLETICS CARNIVAL

The Year 3 - 12 athletics carnival will be held on Friday 3 July at Charlie Bali Reserve.

### WARNING FROM POLICE

Quakers Hill Police are warning residents that there has been an increase in thefts from motor vehicles, many of these occurring whilst the vehicle is parked on the street and/or driveway at night.

Police are urging all residents to not leave coins, CD's, GPS's (including cradles), phones, laptops etc in their vehicle, even if only for a short period of time.

These precautions should reduce incidence of such crimes.

TIPS:

1. Always lock your doors and windows.
2. Utilise vehicle anti-theft devices such as alarm, immobiliser, steering wheel lock
3. Remove ALL valuables, even if vehicle is being parked in residential street and/or driveway.